

FORUM COURSE DESCRIPTION

FOOD & REGIONAL CUISINE

Saturday, April 28, 2012

■ **What is 'Food' Today and Tomorrow?**

By James A Dator

In the early 1800s, Thomas Malthus pointed out that life is a race between population growth and food supply. Typically, population gets too big for the available food, and so population, and society, crashes. In the 1970s, many futurists predicted global famine because food supplies were not keeping up with population growth. And yet there was no global famine. There is plenty of food to supply everyone on Earth with ample nourishment today—and yet one in seven of humanity is starving, and many more are malnourished. Why? And what may be the futures of food? We will explore the past, present and futures of food, and see if Malthus might be right, after all, or not!

■ **Hawai'i Foods: A Unique Resource for Nutritional Information of 'Local' Foods**

By Kristine Wallerius Cuthrell

The mission of the Hawai'i Foods website is to improve the health of Hawai'i's people by providing food and nutrient information to assist them in making healthier dietary choices. This website contains nutrient information on foods typically found in Western, Asian, Pacific Islander, and other "local" diets to reflect the range of cultures in Hawaii. It is an evolving resource, as nutrient data, recipes, publications, photos, and other information are continually being added to the databases. Explore the nutrient content of your favorite ethnic foods and learn how to analyze your own diet with this unique resource on foods found in our Island home.

FURTHER INFORMATION

Dates

Food & Regional Cuisine – April 28, 2012
 Thailand - Malaysia - Philippines – May 2, 2012
 Australia & Regional Cuisine – May 12, 2012

*All sessions take place on Saturday mornings, 9:00 AM to 12:00 Noon.

THAILAND - MALAYSIA - PHILIPPINES

Saturday, May 5, 2012

■ **Thailand, Malaysia and the Philippines: Regional Similarities and Differences in Food Security and Health**

By Deane Neubauer

Thailand, Malaysia and the Philippines share various social and demographic characteristics while differing in terms of their economic, geographic and religious compositions. They also have quite different political histories with respect to the colonial era. With such similarities and differences, they constitute an interesting set of studies to compare approaches to issues of food security and health. This two hour presentation will examine these factors in the context of the impact that broadly-based globalization dynamics have in both creating and constraining approaches to this vital human relationship.

AUSTRALIA & REGIONAL CUISINE

Saturday, May 12, 2012

■ **Australia as a Rising Power in the Asia-Pacific Region: Foreign Policy, Security, Economy**

by Manfred B. Steger

In recent decades, Australia has emerged as a power in the Asia-Pacific Region. But how did that happen? What are the sources of Australia's growing influence? What is Australia's relationship to other Asia-Pacific nations, especially the United States and China? How has Australia responded to the new regional and global challenges of the 21st century? This presentation responds to these four questions by examining Australia's place in our region. It will cover important issues related to Australia's foreign policy, security, and economy such as defense policy, trade relations, human rights, humanitarian intervention in the region, climate change policy, foreign aid, and the rise of China as a great power.

■ **The Health Benefits of Regional Asian Cuisine**

by Joannie Dobbs

Food plays many important societal roles, but none that are more important to long-term quality of life than providing adequate nutrition. Exploring Asian cuisine will provide examples of how both essential nutrients and beneficial phytochemicals promote health.

■ **The Changing Face of Asian Pacific Cuisine: Pros and Cons**

by Joannie Dobbs

Asian and Asian American cuisine reflects a broad diversity and many different traditions. By exploring how contemporary Asian and Asian American cuisine continues to develop and evolve, we can also explore how these changes can and will affect the health of individuals and society.

Fees

Fees are waived for all Hawaii residents.

For additional information, contact:

The Center for Asia-Pacific Exchange
 1616 Makiki Street
 Honolulu, Hawaii 96822
 Telephone: (808) 942-8553 Fax: (808) 941-9575
 E-mail: cape@cape.edu

- CAPE "Asia Today" Series - Spring 2012**
- Please return this form to:
 The Center for Asia-Pacific Exchange
 1616 Makiki Street, Honolulu, Hawaii 96822
 - I want to attend course(s) in:
 - Food & Regional Cuisine: April 28, 2012
 - Thailand - Malaysia - Philippines: May 5, 2012
 - Australia & Regional Cuisine: May 12, 2012

Fees:
 Fees are waived for all Hawaii residents.

REGISTRATION FORM

Name _____

Address _____

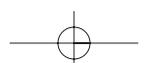
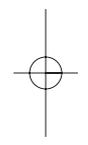
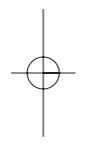
Phone _____

Job Title _____

Business Address _____

Phone _____

You may assume that you are registered in the series unless otherwise notified. No written confirmation of participation will be given.



FORUM FACULTY/SPEAKERS

Kristine Wallerius Cuthrell is a Registered Dietician and holds a Master's degree in Public Health from UH-Manoa. She is currently the Senior Project Coordinator for the Hawai'i Foods Project at the College of Tropical Agriculture and Human Resources at UH-M. Ms. Cuthrell was President of the Hawaii Dietetic Association in 2008-2009; she is currently serving as Chair of the state's Nutrition and Physical Activity Committee's Nutrition Task Force. Ms. Cuthrell has co-written articles on the effects of diets on health and cancer, and written articles on food and nutrition for the HMSA Island Scene Magazine.

James A. Dator is Professor and Head of the Alternative Futures Option with the Department of Political Science at UH-Manoa. Before coming to UH in 1969, he taught six years at Rikkyo University in Tokyo, Japan. He is active in the World Futures Studies Federation, and has participated as keynote speaker at their conferences in Asia and Europe. His special interests are in the future of law and government, education, and media, and he has written a wide variety of books and articles on various aspects of the future.

Joannie Dobbs is Food Composition Assistant Specialist and University Health Services Nutritionist at UH-Manoa. She has taught both culinary and nutrition classes and has authored or contributed to eight cookbooks. With her husband, Alan Titchenal, Dr. Dobbs writes a column on health for the Honolulu Star Bulletin. She also co-authors the Got Nutrients? website promoting the importance of consuming a variety of foods for health. Dr Dobbs' research focuses on food composition and its relation to health, with a particular interest in the importance of dietary iron for both short-term and long-term health. Dr Dobbs holds a doctorate in Nutrition from the University of California Davis.

Deane Neubauer is Emeritus Professor of Political Science at UH, Senior Advisor to the East-West Center, and Director of the Globalization Research Network. He has been in the Department of Political Science at UH since 1970, serving as Chair from 1975 to 1978.

From 1980-88, he was the Dean of the College of Social Sciences; he has also served as Chancellor of UH-Manoa, and as Vice President for Academic Affairs. Dr. Neubauer received his BA from the University of California, Riverside in 1962 and his MA and Ph.D. from Yale University in 1965.

Manfred B. Steger is Professor of Political Science at UH-Manoa and Professor of Global Studies at the Royal Melbourne Institute of Technology (RMIT University). He is also the Research Leader of the Globalization and Culture Program in RMIT University's Global Cities Research Institute. He has served as an academic consultant on globalization for the US State Department and as an advisor to the PBS TV series, "Heaven on Earth: The Rise and Fall of Socialism." He is the author or editor of twenty-one books on globalization, global history, and the history of political ideas, including, most recently, the bestselling *Globalization: A Very Short Introduction* 2nd ed. (Oxford University Press, 2009).

Dear Colleague:

The focus of this year's "Asia Today" lectures is on Australia, Thailand, Malaysia, and the Philippines. Themes include food security in the face of population growth, health and nutrition, cuisine, and the challenges of regional and global changes to Australia's role in the Asia Pacific region.

The Center for Asia-Pacific Exchange invites you to learn more about these issues at our 26th Annual "Asia Today" Series. Scheduled talks are as follows:

Saturday, April 28, 2012:

Dr. James A. Dator: *What is 'Food' Today and Tomorrow?*
Ms. Kristine Wallerius Cuthrell: *Hawai'i Foods: A Unique Resource for Nutritional Information of 'Local' Foods*

Saturday, May 5, 2012:

Dr. Dean Neubauer: *Thailand, Malaysia and the Philippines: Regional Similarities and differences in food security and health*

Saturday, May 12, 2012:

Dr. Manfred Steger: *Australia as a Rising Power in the Asia-Pacific Region: Foreign Policy, Security, Economy*
Dr. Joannie Dobbs: *The Changing Face of Asian Pacific Cuisine: Pros and Cons*

All sessions take place from 9a.m. to 12noon on three consecutive Saturdays, with all entrance fees waived for local Hawai'i residents.

Previous participant responses to the "Asia Today" Series:

"I found the lectures well-organized, well-prepared, and insightful."

"Excellent speakers provided amazingly interesting information in such a short amount of time."

"Very interesting and informative on a wide range of topics. It's a good combination of background and modern era facts."

"It stimulates us to think about ourselves, our society, and our universe, and how we should conduct ourselves."

Please share this information with your friends and colleagues and plan to join us for one or more sessions. This opportunity is unique and space is limited, so please let us hear from you soon. All lectures are free to the public, however you are requested to pre-register by returning the registration form to CAPE by April 23, 2012.

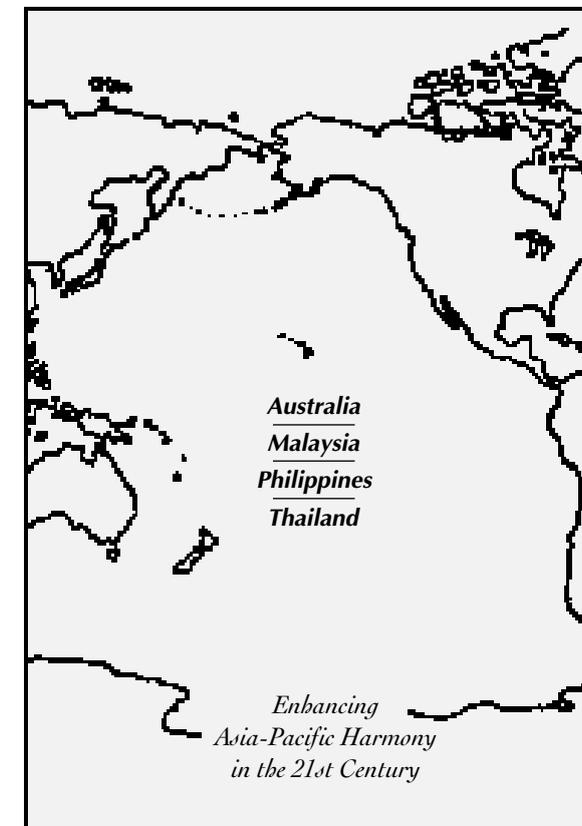
With warm Aloha,

The Center for Asia-Pacific Exchange
Honolulu, HI 96822

THE CENTER FOR ASIA-PACIFIC EXCHANGE, a publicly supported, non-profit, educational institution, was established in Honolulu, Hawaii in November 1980.

For additional information, write to:
The Center for Asia-Pacific Exchange
1616 Makiki Street, Honolulu, Hawaii 96822

the twenty-sixth ANNUAL ASIA-PACIFIC STUDIES FORUM "Asia Today" Series Spring 2012



THE CENTER FOR ASIA-PACIFIC EXCHANGE
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